



HIGH PERFORMANCE LEARNING AT TUDOR HALL



TUDOR
HALL



High
Performance
Learning

Pathway School

At Tudor we are academically ambitious for all our girls; in adopting the High Performance Learning pedagogy we are further embedding ways of teaching and learning that were often utilised but perhaps not explicitly or consistently lived and breathed across every part of the school. We are building an exceptional learning culture.

What is High Performance Learning?

High Performance Learning (HPL) is a philosophy, a structure and a language. Research in neuroscience has shown many common characteristics of top performers across a variety of disciplines. These can be grouped into “thinking skills” and learner “behaviours”.

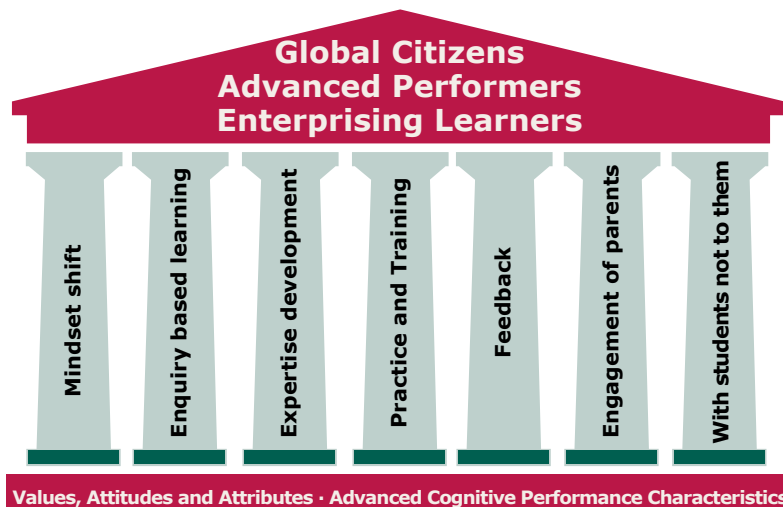
The HPL framework reflects what is known about advanced thinking skills and learning behaviours to help us build better brains.

Truly excellent schools are not only effective in securing exceptional academic

standards but also empower young people to think for themselves, to become socially confident, to build resilience and deal with unknown or unfamiliar situations, using a range of embedded skills, now and for their future.

These skills can be taught to all: the evidence is clear that there is not a fixed level of ability amongst young learners, and that the brain is much more malleable than was once thought. This is learning without limits. Put simply, everyone can.

The 7 Pillars of High Performance



*“Put simply,
everyone can.”*

HPL Framework

There are characteristics common to ‘top performers’ regardless of age, background, language or sector. Cultivating a culture of continuous improvement through developing and embedding key learning behaviours and thinking skills is at the heart of high performance. Naturally, these factors combine and compliment every learning situation, but can be broadly identified in two groups:

Values, Attitudes and Attributes (VAAs)
- how we behave and respond to challenge

Empathetic: includes being able to collaborate with others, realise the contribution you can make to your community and society, recognise and value the differences between people and build confidence and belief in your knowledge and understanding of the world

Agile: includes the abilities to be curious and enquiring, a willingness to learn and to adapt according to need and situation, be open-minded and take risks in learning

Hard working: includes the abilities of perseverance and practice to attain proficiency, to be resilient in overcoming setbacks and work diligently towards the desired outcome

Advanced Cognitive Performance characteristics (ACPs) — how we learn and perform

Meta-thinking: skills include using a range of thinking approaches and transferring knowledge between circumstances

Linking: skills include big-picture thinking, dealing with complexity and ambiguity, finding connections to inform the situation

Analysing: skills include reasoning, seeking evidence, precision and multi-step problem solving

Creating: skills include generating ideas, originality and flexible thinking

Realising: skills include the ability to work at speed, with accuracy and using some skills with such ease they are automatic

For the full breadth and depth of VAA and ACP characteristics that Tudor Hall’s teaching, learning and coaching encompasses, please find out more at tudorhallschool.com/learning

How will it benefit my daughter?

Every individual girl begins her Tudor education from a unique starting point. No matter where on the journey she is, success is within reach and, by bringing perseverance, practice and creativity to every challenge — along with other values, attitudes and attributes — she will perform higher than she ever thought possible.

Given the right teaching and learning approaches, opportunities, motivations, support and practice, every young person can thrive and reach their true potential. The pedagogical tools empower every Tudorian to flourish, across disciplines, from the classroom to the stage to the sports field.

The ‘ways of thinking’ and learner behaviours that are woven through their experiences at Tudor provide our girls with confidence and a skill set to succeed in their pathways through higher education, their careers and beyond; they become life ready.



To find out more about HPL at Tudor,

visit tudorhallschool.com/learning or get in touch at admissions@tudorhallschool.com

For specific teaching and learning queries, contact our Deputy Head Academic, Simon Smith at ssmith@tudorhallschool.com



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Tudor Hall School, Wykham Park, Banbury, Oxfordshire OX16 9UR
www.tudorhallschool.com 01295 263434